



# Fill the Boot Australia

## NSW Firefighters Relay Itinerary

5 – 19 October 2012

### NEW SOUTH WALES RELAY FACTS:

100 fire stations  
 Career & Volunteer firefighters  
 7 Boots passed from station to station over 14 days, 2000 km

It's not a race around Australia,  
 It's a race to save lives

DONATE NOW: [www.filltheboot.com.au](http://www.filltheboot.com.au)



## BOOT #1 Part 1

Date	Route	Distance (approx.)
5 October	Banora Point to Ballina	94 km
7 October	Ballina to Lismore	36 km
8 October	Lismore to Casino	31 km
9 October	Casino to Maclean	100 km
10 October	Maclean to Grafton	47 km
11 October	Grafton to Coffs Harbour	85 km
12 October	Coffs Harbour to Nambucca Heads	48 km

## BOOT #1 Part 2

Date	Route	Distance (approx.)
6 October	Maitland to Lambton	30 km
7 October	Lambton to Hamilton	5 km
7 October	Hamilton to Newcastle	5km
8 October	Newcastle to Merewether	5km
8 October	Merewether to Belmont	17 km
9 October	Belmont to Toukley	35 km
10 October	Toukley to Kariong	42 km
11 October	Kariong to Hornsby	45 km
12 October	Hornsby to Warringah/Pittwater (Terrey Hills)	17 km
13 October	Warringah/Pittwater to Forestville	11 km
13 October	Forestville to Willoughby	7 km
14 October	Willoughby to Lane Cove	4 km
15 October	Lane Cove to Crows Nest	5 km
15 October	Crows Nest to Sydney	8 km

## BOOT #2

Date	Route	Distance (approx.)
5 October	Batemans Bay to Nowra	118 km
6 October	Nowra to Kiama	44 km
7 October	Kiama to Shellharbour	15 km
8 October	Shellharbour to Wollongong	22 km
9 October	Wollongong to Bulli	11km
10 October	Bulli to Engadine	36 km
11 October	Engadine to Sutherland	8 km
12 October	Sutherland to Miranda	5 km
12 October	Miranda to Cronulla	6 km
13 October	Cronulla to Hurstville	16 km
13 October	Hurstville to Kogarah	4 km
14 October	Kogarah to Arncliffe	5 km
14 October	Arncliffe to Botany	7 km
14 October	Botany to Mascot	2 km
15 October	Mascot to Randwick	7 km
15 October	Randwick to Sydney	7 km

## BOOT #3

Date	Route	Distance (approx.)
5 October	Goulburn to Bowral	80 km
6 October	Bowral to Rosemeadow	67 km
7 October	Rosemeadow to Narellan	12 km
7 October	Narellan to Macquarie Fields	26 km
9 October	Macquarie Fields to Horningsea Park	10 km
9 October	Horningsea Park to Bonnyrigg Heights	8 km
9 October	Bonnyrigg Heights to Liverpool	6.5 km
10 October	Liverpool to Cabramatta	5 km
10 October	Cabramatta to Fairfield	5 km
11 October	Fairfield to Chester Hill	13 km
12 October	Chester Hill to Revesby	10 km
13 October	Revesby to Riverwood	6 km
13 October	Riverwood to Lakemba	7 km
14 October	Lakemba to Marrickville	10 km
14 October	Marrickville to Sydney	8 km

## BOOT #4

Date	Route	Distance (approx.)
5 October	Corowa to Albury Civic	57 km
6 October	Albury Civic to Albury FCC	3 km
7 October	Albury FCC to Albury North	5 km

## BOOT #5

Date	Route	Distance (approx.)
5 October	Dubbo to Wellington	50 km
6 October	Wellington to The Rivers (Canowindra)	129 km
7 October	The Rivers (Canowindra) to Orange	60 km
8 October	Orange to Bathurst	55 km
9 October	Bathurst to Lithgow	61 km
10 October	Lithgow to Katoomba	40 km
11 October	Katoomba to Regentville	50 km
12 October	Regentville to Penrith	4 km
12 October	Penrith to St Marys	9 km
13 October	St Marys to Huntingwood	12 km
13 October	Huntingwood to Blacktown	5 km
14 October	Blacktown to Seven Hills	4 km
14 October	Seven Hills to Wentworthville	10 km
15 October	Wentworthville to Parramatta	6 km
15 October	Parramatta to Rydalmere	6 km
15 October	Rydalmere to Guildford	10 km
15 October	Guildford to Lidcombe	7 km
16 October	Lidcombe to Ashfield	11 km
17 October	Ashfield to Newtown	6 km
17 October	Newtown to Redfern	3 km
18 October	Redfern to Sydney	3 km

## BOOT #6

Date	Route	Distance (approx.)
5 October	Windsor to Kellyville	19 km
6 October	Kellyville to Baulkham Hills	8 km
7 October	Baulkham Hills to Beecroft	9 km
8 October	Beecroft to Eastwood	6 km
9 October	Eastwood to Rhodes	7 km
10 October	Rhodes to Gladesville	6 km
11 October	Gladesville to Balmain	8 km
12 October	Balmain to Pyrmont	4 km
13 October	Pyrmont to Glebe	2 km
13 October	Glebe to Darlinghurst	4 km
13 October	Darlinghurst to Woollahra	3 km
13 October	Woollahra to Bondi	2 km
13 October	Bondi to Sydney	6 km

## BOOT #7

<b>Date</b>	<b>Route</b>	<b>Distance (approx.)</b>
5 October	Avalon to Mona Vale	7 km
6 October	Mona Vale to Narrabeen	5 km
7 October	Narrabeen to Dee Why	6 km
8 October	Dee Why to Manly	7 km
9 October	Manly to Mosman	8 km
10 October	Mosman to Neutral Bay	3 km
11 October	Neutral Bay to The Rocks	6 km
12 October	The Rocks to Sydney	2 km

*A cheque of the funds raised by the 'boot' in each State will be combined and presented to the Muscular Dystrophy Foundation by a firefighter from each State at the Opening Ceremony of the World Firefighters Games on October 19, 2012*